

Action Types

- Functional coaching supporting productivity and employee well-being

Improve your team's results and increase well-being! The Action Types coaching offers effective tools tailored to your company's needs. Investing in this functional training leads to an improved work quality, increased employee satisfaction, and enhanced productivity.

The Action Types coaching identifies employees' natural strengths through body movements. Working in alignment with our strengths increases resilience and boosts job satisfaction. This improves well-being and commitment while also helping enhance work efficiency and endurance. The coaching leads to better performance, which is reflected in the growth of your team's results.

Invest in your employees' personal and professional growth – and give them the opportunity to succeed!



**INVEST IN
YOUR TEAM!**

Why choose Action Types?



Self-awareness strengthens one's capabilities.
When employees know their strengths, they can better serve customers and grow sales.



Efficiency and well-being increase.
Employees work according to their strengths, leading to more job satisfaction and fewer absences.



Teamwork and leadership are enhanced.
Better understanding of team members' strengths improves collaboration and productivity.



Recruitment and job customization become more precise.
Clarifying strengths helps to find the right people for the right tasks.



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