



RÄÄTÄLI-COACHING

Lahti, Forssa, Hämeenlinna, and Riihimäki areas

GOAL OF THE COACHING

Räätäli-coaching is coaching tailored to your unique journey. Its purpose is to support job seekers in overcoming employment challenges. This service combines traditional job coaching elements with a focus on addressing issues related to work ability.

TARGET GROUP

The service is aimed at job seekers of all ages who are clients of the TE Office and municipal experiment, and who can benefit from personalized support.

Educational background or profession does not matter for participation. We provide you the support of a diverse team and a personal coach to help you plan and develop your employment and career choices. Our service is based on face-to-face coaching.

REGISTRATION

Register through a TE Office expert or a municipal experiment personal coach.

CONTENT

- Initial interview and situation assessment
- Recognizing and marketing your own skills
- Identifying needs for skill enhancement and training opportunities
- Recognizing and promoting work ability
- Work-life and job search skills, digital skills in job searching
- Motivation and well-being in job searching
- Financial advice
- Job search networks
- Transitional support at the workplace

SCHEDULE

The service starts individually for each person.

ADDRESSES

Ahjokatu 4 A, 15800 Lahti

Ohjaamo Forssa, Vapaudenkatu 4, 30100 Forssa

Turuntie 4-6, 13130 Hämeenlinna

Hämeenkatu 10, 11100 Riihimäki

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