

# Job Search Coaching Uusimaa

## Personal service to support your job search

Job search coaching is a personal service designed for you, an over 29 year old, TE Office job seeking customer. Educational background and profession do not matter when it comes to participation, people from all walks of life are welcome to join this coaching. The most important thing is the motivation to work and readiness to work for it.

#### THE AIM OF THE COACHING

Your employment is at the heart of job search coaching. The goal of this coaching is to support you in the process of finding a job or starting a new employment relationship. Together with your coach, you will plan and agree on the actions that best support your employment.

You will have your personal coach with you to walk the path towards your goals. Lets find a jobs and answers to the questions you have about employment.

#### HOW TO APPLY FOR JOB SEARCH COACHING?

Agree on participation to this service with TE services or local government pilots on employment expert. You may submit a contact request about the matter in the My Transactions service (www.te-palvelut.fi).

Experts in TE services or local government pilots on employment will agree with you about participating in coaching, after which our coach will contact you. **DURATION LOCATION** Max 6 months Helsinki & Länsi-Uusimaa

### CONTENT OF THE COACHING

Service consists of e.g.:

- initial mapping and aim for employment
- realistic career possibilities
- diverse options for employment
- competence recognition and wording
- job search skills and planning
- disclosing your know-how
- the labour market in your field and area
- personal branding
- work life skills

#### MORE INFORMATION

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