

Oulu Career Track - Live and Work in Oulu Program for International Spouses

#oulucareertrack

**Have you moved to Finland because of your spouse's work or study?
Do you need guidance and support in your job search in the Oulu region?**

Then the Oulu Career Track Program for International Spouses is for you! The Oulu Career Track program assists international spouses in settling in Oulu as smoothly as possible, as well as assisting with job searches and networking.

WHAT DOES THE PROGRAM OFFER?

We provide guidance on employment and studying as well as information about different services in the Oulu region, related to job-seeking, entrepreneurship, and improving your Finnish language skills.

Through this program, you will gain a better understanding of the labor market in the Oulu region. As a way of strengthening your own integration, you will discover the different options for employment and education available. You will also hear and learn more about the free time activities, networking possibilities and healthcare services in Oulu.

TARGET GROUP

You are eligible for this program primarily if you moved to Finland because of your spouse's job or study and you live in the Oulu region.

In case you have moved to Finland for some other reason and wish to take part in the program, note that the primary target group is firstly chosen to participate in the sessions. Some sessions have a limited number of participants.

IMPLEMENTATION

We offer face-to-face and online meetings according to schedule. All sessions are conducted in English and are free of charge.

DURATION

It is possible to attend up to 12 sessions (6 face-to-face + 6 online). In addition, we offer 12 guidance sessions with a focus on individual guidance (6 pop-up sessions + 6 by appointment). You can choose which sessions you wish to participate. Online and face-to-face sessions are similar in their content. The program lasts until May 2023.

REGISTRATION



To register for the International Spouses Program, click on the link below or scan the QR code. After the registration, the service provider Arffman will contact you for further details and information concerning the program and your participation, including information about how to register and take part for the online and face-to-face events.

[CLICK HERE TO REGISTER](#)

THE REGISTRATION PROCESS IS NON-STOP.

SCHEDULE



FACE-TO-FACE

Oulu city center (further information provided after registration)

- Tue 14.2., 12.00-14.30 Job search in Finland and in Oulu region
- Tue 14.3., 14.30-17.00 Working in Finland
- Tue 18.4., 14.30-17.00 Studying in Finland

ONLINE IN GOOGLE MEET

- Wed 22.2., 17.30-19.30 Job search in Finland and in Oulu region
- Tue 21.3., 17.30-19.30 Working in Finland
- Tue 25.4., 17.30-19.30 Studying in Finland



Upcoming event in May – specific time, location, and content will be updated during spring!

FOR MORE INFORMATION

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