

We will recognize your skills, prepare you for your career path, and support you on the way to achieving your goals. We are familiar with the labor market in the area and the challenges faced by job seekers. During the service, we will work together to find solutions for how you could get a job in a way that suits you. Our coach will be your support throughout the process.

The special expertise and skills of our coaches will be at your disposal. Coaching includes meetings and network development between employers and job seekers. Throughout the coaching, we keep in touch with you in different forms including face-to-face meetings, phone, email, and online meetings. We will work together towards a common goal: to equip you with the confidence to take certain steps towards employment after coaching.

WHAT BENEFITS DO YOU RECEIVE FROM THE COACHING?

- a coach alongside to help with your employment path
- you will learn how to identify and market your own skills and strengths
- you will receive personal support and guidance related to the labor market, studying, or, for example, apprenticeship opportunities
- maintain up-to-date job-search skills and documents (CV, application)
- information on different training options and competence development
- assistance to build connections with employers

HOW DOES IT WORK?

Once you have signed up for the service, your coach will contact you and arrange a time for an initial discussion with you. Based on the initial discussion, we will find out whether individual job coaching or career coaching combining individual and group work is most suitable for you. If necessary, we also review other suitable services. The duration of the service will be agreed with you and implemented according to your individual goal.

ARE YOU INTERESTED IN SIGNING UP?







MORE INFORMATION:

<u>Arffman</u> <u>Spring House</u>







