



ARFFMAN

**We believe in you.**

## WorkDesign - coaching for partially able to work

### Personal service to support your job search

In TyöDesign coaching, you move towards your goal together with your coach. Your personal coach supports you in finding your own strengths and opportunities, setting working life goals and realizing them. Together, we search work or education options and ways to get to them. If you wish, you can also participate in peer-based small group coaching.

Coaching is an individually tailored service that lasts 12 months. Meetings are arranged face-to-face with your coach at least once a month at our offices. Your personal coach supports you on the path of employment, helps you identify your starting point and supports you in reaching your own employment goal.

#### DURATION

max 12 months

#### LOCATION

Uusimaa

#### CONTENT

- Initial mapping
- Job Coaching plan
- Job application documents
- Job search support
- Vocational psychologist option

### REGISTRATION

Through the Oma Asiointi online service ([www.te-palvelut.fi](http://www.te-palvelut.fi)). The training can be attended by customers of the TE office or municipal experiment.

### INFORMATION

[www.arffman.fi/tyodesign-uusimaa](http://www.arffman.fi/tyodesign-uusimaa)

