



# RÄÄTÄLI-COACHING

**Lahti, Forssa, Hämeenlinna, and Riihimäki areas**

## GOAL OF THE COACHING

Räätäli-coaching is coaching tailored to your unique journey. Its purpose is to support job seekers in overcoming employment challenges. This service combines traditional job coaching elements with a focus on addressing issues related to work ability.

## TARGET GROUP

This service is aimed at job-seeking clients of all ages registered with the municipality's employment services, providing personalized support to those who need it.

Educational background or profession does not matter for participation. We provide you the support of a diverse team and a personal coach to help you plan and develop your employment and career choices.

## REGISTRATION

Join by contacting the employment services in your municipality.

**ADDITIONAL INFORMATION:**  
[hame.valmennus@edu.arffman.fi](mailto:hame.valmennus@edu.arffman.fi)

## CONTENT

- Initial interview and situation assessment
- Recognizing and marketing your own skills
- Identifying needs for skill enhancement and training opportunities
- Recognizing and promoting work ability
- Work-life and job search skills, digital skills in job searching
- Motivation and well-being in job searching
- Financial advice
- Job search networks
- Transitional support at the workplace

## SCHEDULE

The service starts individually for each person.

## ADDRESSES

Crazy Town, Aleksanterinkatu 16, 15110 Lahti  
Turuntie 4-6, 13130 Hämeenlinna  
Kauppakatu 8 B, 11100 Riihimäki  
Harvialantie 7 B, 14200 Turenki