



FREE EMPLOYMENT COACHING IN NORTHERN OSTROBOTHNIA

JOB BOOST

**Looking for a boost in your job search?
Need support on your way to employment?
Apply for coaching!**

Job Boost (in Finnish: Työbuusti) is personalised employment coaching for you if you want to find a job but could use support along the way. You'll have your own coach by your side, helping you move forward at your own pace and towards your own goals – whether you're just starting your job search or have been at it for a while.

The coaching begins with a personal assessment of your situation. Based on this, we'll choose the coaching path that fits you best, lasting 3–6 months. The goal is simple: to support you on your way into working life.

WHO IS JOB BOOST FOR?

Job Boost is intended for jobseekers registered with the Ylivieska–Kalajoki–Nivala employment area. You can apply if you live in Ylivieska, Kalajoki, Nivala, Alavieska, Sievi or Merijärvi.

Job Boost might be right for you if you...

- aren't sure how to start your job search
- aren't getting responses to your job applications
- need help describing your skills and strengths
- are unsure what kinds of jobs suit your experience
- feel you've tried everything but still haven't found a job
- want to discover new career opportunities
- would like support in reaching out to employers
- make it to interviews but struggle to get further
- want to make better use of LinkedIn or AI in your job search
- are returning to work after a career break
- are considering a career change or entrepreneurship
- need help explaining changes in your work ability and finding the right employment opportunities

Coaching is available in Finnish and English.

WHAT DO YOU GET IN JOB BOOST COACHING?



- ✓ A personal coach by your side throughout your job search – from putting your skills into words to starting your new job.
- ✓ Coaching tailored to your individual situation.
- ✓ Hands-on support with job searching, contacting employers, finding hidden job opportunities and signing your employment contract.
- ✓ A digital service to support your job search 24/7 – build your skills whenever it suits you.
- ✓ Support from our team of specialists, including help with LinkedIn, digital skills and using AI in your job search.

APPLY NOW!

Registration for the coaching is ongoing. You can sign up for Job Boost yourself using the form, or your employment specialist can refer you to the service.



Scan the QR code to sign up. You'll also find the link at: **www.arffman.fi/tyobuusti**

