



# MULTILINGUAL CIVIC ORIENTATION

## An online course to support your integration in Finland

**Have you moved to Finland? Would you like to learn how Finnish society works and how to manage everyday matters more easily? Or are you looking for reliable, practical information about housing, work, or studying in Finland?**

The Multilingual Civic Orientation is a free online course that helps you understand life in Finland and supports your settlement here. You will receive clear, practical information about housing, employment, education, your rights, public services, and essential everyday skills.

### WHAT WILL YOU LEARN?

- Your rights and responsibilities in Finland
- How to use public services and deal with authorities
- Working life rules and how to find a job
- The education system and study opportunities
- Housing and everyday life management
- Family life, healthcare services, and wellbeing
- Finnish culture and core values of society

### HOW IS IT ORGANIZED?

The course takes place online in real time, in different languages based on participants' needs.

It includes a total of 70 hours: 50 hours of teaching and 20 hours of guided self-study. Throughout the course you will receive support, assignments, and guidance.

You can join using a computer or a smartphone – and if needed, you can borrow a device for the course.

### WHO CAN PARTICIPATE?

The course is for clients of the Lohja-Karkkila Employment Services and for clients of the City of Lohja who need support with integration. You do not need any previous education or Finnish language skills. The course is taught in your mother tongue, or in another language you know well, so it will be easy for you to participate.

### HOW TO JOIN?

Talk to your Employment Service Specialist and say you'd like to take part in the Multilingual Civic Orientation course. You will get the guidance you need to join.

### CONTACTS

**Questions about registration:**

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**More information about the course:**

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